

Your Spring / Summer 2026 menu at Emmbrook Infants and Junior School

WEEK 1 - 13/04, 04/05, 01/06, 22/06, 13/07, 31/08, 21/09, 12/10				
	MAIN MEAL 1	MAIN MEAL 2	SIDES	PUDDING
Monday	Baked macaroni cheese with garlic bread (V)	Mediterranean vegetable bake (V)	Garlic bread, Peas, Sweetcorn	Vanilla ice cream (V)
Tuesday	Creamy chicken tikka with steamed rice	Creamy vegetable tikka with steamed rice (V)	Green beans, Carrots	Chocolate Krispie cake (V)
Wednesday	Roast pork with stuffing and gravy	Broccoli, cheese and tomato quiche (V)	Roast potatoes, Mixed vegetables	Vanilla shortbread (Ve)
Thursday	Pepperoni pizza	Roasted vegetable pizza (V)	Baked wedges, Mixed salad	Chocolate orange brownie (V)
Friday	Fish fingers	Quorn nuggets (Ve)	Chips, Baked beans, Peas	Sprinkle sponge (V)

WEEK 2 - 20/04, 11/05, 08/06, 29/06, 20/07, 07/09, 28/09, 19/10				
	MAIN MEAL 1	MAIN MEAL 2	SIDES	PUDDING
Monday	Pepperoni and cheese panini	Cheese and tomato panini (V)	Baked wedges, Mixed salad	Vanilla cookie (V)
Tuesday	Meatballs with penne	Vegetable Bolognese (Ve)	Sweetcorn, Peas	Marble sponge (V)
Wednesday	Sausage and mash with gravy	Quorn sausage and mash with gravy (Ve)	Mixed vegetables	Toffee sponge (V)
Thursday	Chicken and chickpea pitta pocket (APP)	Halloumi and chickpea pitta pocket (V)	Steamed rice, Broccoli, Carrots	Lemon drizzle shortbread (Ve)
Friday	Chicken nuggets	Homemade vegan sausage roll (Ve)	Chips, Baked beans, Peas	Chocolate cookie (V)

WEEK 3 - 27/04, 18/05, 15/06, 06/07, 14/09, 05/10				
	MAIN MEAL 1	MAIN MEAL 2	SIDES	PUDDING
Monday	Tomato and pesto chicken penne	Tomato and pesto penne (V)	Garlic bread, Mixed salad	Carrot cake (V)
Tuesday	Beef taco with steamed rice	Vegetable chilli taco with rice (V)	Peas, Sweetcorn	Chocolate chip cookie (V)
Wednesday	Roast chicken with Yorkshire pudding and gravy	Vegetable and tomato tart (V)	Roast potatoes, Mixed vegetables	Vanilla shortbread (Ve)
Thursday	Breaded chicken burger	Quorn burger (Ve)	Baked wedges, Carrots, Broccoli	Chocolate brownie (V)
Friday	Fish fingers	Quorn nuggets (Ve)	Chips, Baked beans, Peas	Blueberry muffin (V)

Menu Key: (Ve) - Vegan (V) - Vegetarian (APP) - Added Plant Power

ALLERGY INFORMATION - We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. If your child has an allergy or intolerance, please speak to your child's school or the Cook Manager on site before ordering your meal for more information. **Forms are available through our website or via the school.**

Available everyday:



DELI BOX / OFFER



FILLED JACKET POTATO



HOME BAKED BREAD



FRESH SALAD BAR



JELLY / YOGHURT



FRESH FRUIT